Digestive System Lab: Lesson Plan

Resources
Required resources for students:

• Visible Body Suite
• Lab activity worksheet

Additional resources for students and teachers:

• This lesson assumes that students have a basic understanding of the digestive system. They can read articles and watch videos here: https://www.visiblebody.com/learn/digestive

Objectives
At the end of this lesson, students should be able to:

1. Describe the key structures of the digestive system, including the accessory organs.
2. Describe the path food takes to be digested.

In their answers, students should define the following terms: Alimentary canal, oral cavity, salivary glands, tongue, epiglottis, esophagus, stomach, bolus, chyme, duodenum, pancreas, small intestine, large intestine, rectum, and anal canal.

They will be able to find and identify the following: Common bile duct, common hepatic duct, cystic duct, gallbladder, liver, and pancreas.

Introduction
10 minutes: Use Visible Body Suite, as well as the video and set of articles referenced in the additional resources section above, to give students a brief introduction to the key structures and functions of the digestive system. For the upper digestive system, focus on how the teeth break down the food, how the salivary glands secrete saliva to create the bolus, and how the food is directed to the esophagus. You’ll also want to focus on the lower digestive system and how the stomach, intestines, rectum, and anal canal contribute to peristalsis, digestion, absorption, and elimination.

Student Activities
30 minutes: Have your students complete the four activity worksheets in this lesson. Check their work using the answer key.

If you’re doing this activity in class, you can use these images to create stations for three of the four sections.
Activity 1: Digestive Lab
Activity 2: Digestive Lab
Activity 4: Digestive Lab